



Tucumcari Middle School Breakfast Lunch & Snack Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Fajitas Pinto Beans Bagel & Juice	2
5 Frito Pie Mexicali Corn Muffin & Juice	6 Grilled Chicken Brown Rice Steamed Vegetables Pretzel Sticks & PB	7 Red Chili Cheese Enchiladas Beans & Rice Dried Fruit & Graham Crackers	8 Hamburgers & French Fries Cookies & Milk	9 Adult Meal Prices Breakfast \$1.50 Lunch \$3.00 Snack \$0.75
12 Toasted Ham & Cheese Sandwich with Soup Apples & Cheese	13 Taco Salad Dried Fruit & Yogurt	14 Soft Chicken Tacos Beans & Posole Pretzels & Juice	15 Cooks Choice	16 Student Prices Each student is provided 1 breakfast, 1 lunch, & 1 snack free of charge. Extra Milk.....\$0.35



Winter Break
December 16th -
January 1st

<p>Specials</p> <p><u>Students and Teachers...</u></p> <p>We encourage you to communicate with your cafeteria through email or by phone. We're here for you and want to hear your ideas and feedback. Email us at cafe.staff@gorattlers.org Or call ext. 321</p>	<p>Breakfast Each Morning 7:30 AM</p> <p><u>Daily Options may Include</u></p> <p>Assorted Cereals Graham Crackers Pancake on a Stick Breakfast Pizza Biscuit & Sausage French Toast Sticks Fresh Fruit, Fruit Juice & Low fat Milk</p>	<p>Students may choose <u>1 serving</u> each of Grains, Protein, Fruit and Milk for a free breakfast meal. They can only decline one component.</p>	<p>fresh takes</p> <p>Seasonal fresh fruit & vegetable options offered when available. Low fat and Skim milk offered with each meal. Chef salads are available daily for lunch.</p> <p>SUMMIT FOOD SERVICE MANAGEMENT - AN AVIANDS COMPANY -</p>
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